

AROMATHERAPY ASSOCIATES TREATMENTS

Aromatherapy Associates have been the leading experts in aromatherapy for over 30 years. No matter what your skin type, the facials work to encourage your complexion's natural radiance. With their rejuvenating properties, essential oils actively work to condition and provide vital nourishment to your skin's deepest layers. A consultation with your therapist will determine your skin's exact needs, meaning that we can recommend the facial, treatments and products to suit you.

ULTIMATE FACE AND BODY TREATMENT

85 MIN | £95

The ultimate, all-inclusive cleansing and rejuvenating treatment including a back exfoliation, cleanse and a stress relieving back/scalp massage, bringing relief to an overactive mind and tired or aching muscles. A deep cleansing facial using the finest essential oils is also performed to rebalance, clarify and hydrate the skin, leaving it bright, thoroughly clean and refreshed.

ULTIMATE AROMATHERAPY EXPERIENCE, FULL BODY MASSAGE

55 MIN | £75

Every part of your body will feel deeply relaxed and recharged following this personalised treatment designed to soothe you physically and emotionally. Using a therapeutic oil blend selected after consultation with your therapist, carefully applied pressures stimulate the nervous system, whilst Swedish and neuromuscular techniques relieve tension.

DE-STRESS RELEASE MASSAGE

55 MIN | £75

This deeply restorative treatment involves Swedish and cross-muscle fibre massage techniques to soothe sore joints and tackle the sites of pain. Your therapist will also select essential oils for the maximum impact – such as black pepper, rosemary and ginger to disperse built-up lactic acid or lavender to act as a natural anti-inflammatory.



ANTI-AGING FACIAL

85 MIN | £95

Repairing and anti-aging treatment that delivers visible results using powerful botanical blends to target fine lines and wrinkles. Specialised manual massage techniques encourage collagen and elastin synthesis, for a firm, plumped and more youthful looking complexion – complete with a hyaluronic mask.



ULTIMATE FACIAL

55 MIN | £75

Everyone's skin requires something different and in this facial, that's what you get. Your therapist will select a personalised prescription of therapeutic essential oils and natural plant extracts to detoxify the skin and provide vital nourishment to its deepest layers. Incorporating soothing massage techniques this treatment tones, refreshes and revitalises, leaving the complexion instantly bright and radiant.



DE-STRESS BACK, NECK AND SHOULDER MASSAGE

25 MIN | £45

Melt away any tensions with this targeted massage. Ginger and black pepper warm the muscles, ease away tension and help restore balance and harmony to both body and mind. *Available as a bolt on treatment only.*



DISCOVERY FACIAL

25 MIN | £45

An instant rejuvenation starting with a deep cleanse facial exfoliation, followed by a skin boosting massage with a prescriptive moisturiser. *Available as a bolt on treatment only.*

