

MEN'S TREATMENTS

Although all of our treatments can be tailored to suit a man's needs, our signature treatments are designed exclusively for men, offering only the best in grooming and relaxation for the modern day man.

Whether you want to rejuvenate your skin to tackle the effects of shaving and the environment, or to relax with one of our indulgent men's treatments, there's plenty to leave you feeling revived, refreshed and perfectly relaxed...

FACIALS

CARITA Cinetic Lift Expert L'Homme Ideal 1 hour 25 minutes £120 Course of 6 £699

This Cinetic Facial is the jewel in the CARITA crown – a pioneering firming treatment that leaves the skin appearing lifted and firmer. This facial, exclusively designed for men, delivers high performance products to help balance the skin leaving it matte, fresh, lifted and rested.

CARITA L'Homme Ideal Ultra Purifying Facial 55 minutes £80

This facial designed exclusively for men, delivers high performance products to help balance the skin leaving it matte, fresh and rested. This is a traditional hands-on facial that reflects your skin's needs. It begins with a consultation with our therapist, after which you will select from Hydration, Nourishment, Purity or Softness.

Ultimate Refinery Facial 55 minutes £75

A deep cleansing and brightening facial that will leave skin looking clean, luminous and deeply hydrated with rich, invigorating essential oils and botanical extract. To complement the relaxing properties of this treatment, a relaxing scalp massage is also performed, leaving you with a calm and comforted state of mind.

BODY TREATMENTS

The Refinery Ultimate Face and Body Treatment 1 hour 25 minutes £95

The ultimate, all-inclusive cleansing and rejuvenating treatment including a back exfoliation, cleanse and a stress relieving back/scalp massage, bringing relief to an overactive mind and tired or aching muscles. A deep cleansing facial using the finest essential oils is also performed to rebalance, clarify and hydrate the skin, leaving it bright, thoroughly clean and refreshed.

Golfers Swing Massage 55 minutes £80

Before, after or between rounds, this hour-long massage will ensure your swing is relaxed and that you enjoy every shot without pain. It focuses on the back, neck and shoulders, the areas where golfers hold most of their tension. Using a unique de-stressing blend of essential oils and lava shells to target specific areas, your therapist will ease away any muscle tension. It finishes with a relaxing scalp massage to clear the mind; as well as leaving your body rejuvenated and ready for the first tee.

City Stress Buster 55 minutes £75

A totally tailor-made treatment designed to help you deal with what life throws at you. The stresses and strains of modern life can take their toll and our stress-busting treatment will help you deal with any related problems, be they mental or physical: muscular tension, headaches and tight shoulders, tummy troubles, disturbed sleep, exhaustion, congested skin... Whatever your problem, we have the solution for you. A consultation with your therapist will enable you to choose the best essential oils which when combined with a customised massage, and cranial and spinal pressures, will offer immediate relief.

GENTLEMAN'S GROOMING

Gentleman's Executive Hand treatment 45 minutes £50

The executive hand treatment provides luxury and refinement for hands and nails that deserve only the very best. This complete treatment exfoliates, nourishes and protects your hands and nails against the daily wear and tear of busy lifestyles, finishing with a massage using warm oil, and a mask to nourish and hydrate the skin.

Gentleman's Executive Foot treatment 45 minutes £50

Hard working feet need extra special care when it comes to keeping them looking and feeling great. This indulgent treatment is fantastic for the most neglected of feet and will be unrecognisable after they have been sloughed, buffed and brought back to life with the wonderful restorative benefits of this foot treatment.

Gentleman's Grooming Hand or Foot treatment 25 minutes £35

Perfect for the Gent on the go, this treatment will help to refresh and soften hands. Nails are shaped and buffed to perfection, and cuticles tidied to leave your hands looking perfectly groomed.

Lava Shell Hand or Foot Massage £15

The perfect addition to any hand or foot treatment. Your therapist will use warm Lava shells to relax and de-stress, tired hands or feet. This is a deeply relaxing massage that releases tension and soothes aches and pains whilst working at deeper level to achieve great results every time.

Men's Aromatherapy Paraffin Wax Treatment £15

A great addition to any hand or foot treatment, this will not only hydrate and nourish the skin, but can also be tailored to how the individual is feeling using essential oils to provide a luxurious and deeply relaxing experience. Warm paraffin wax will be painted on to the hands or feet and left to work its magic, then removed and finished with the appropriate cream.

WAXING

Eyebrows from £10

Chest from £25

Chest and Abdomen from £40

Shoulders from £30

Arms from £25

Back from £25

Back and Chest from £40

Half Leg from £25

Full Leg from £35