

FACIAL TREATMENTS

Rejuvenate your skin with a spa facial treatment at The Mere, to leave you feeling refreshed and uplifted. Our variety of prescriptive facials are designed restore balance in both body and soul. You will leave us with a spring in your step and gorgeously glowing skin

AROMATHERAPY ASSOCIATES

Aromatherapy Associates have been the leading experts in aromatherapy for over 30 years. No matter what your skin type, our facials work to encourage your complexion's natural radiance.

With their rejuvenating properties, essential oils actively work to condition and provide vital nourishment to your skin's deepest layers. A consultation with your therapist will determine your skin's exact needs, meaning that we can recommend the right facial and products to suit you.

Aromatherapy Associates Rose Infinity Facial

85 minutes £95  

Repairing and anti-ageing treatment that delivers visible results using powerful botanical blends to target fine lines and wrinkles. Specialised manual massage techniques encourage collagen and elastin synthesis, for a firm, plumped and more youthful looking complexion.

Instant Eye Repair

20 minutes £30 Course of 6 £160  

Specialised massage techniques improve micro-circulation and drainage helping to reduce puffiness, leaving the eyes fresh, bright and youthful.

Add this to any facial for instant rejuvenation, or indulge in this as a stand-alone treatment for a quick fix.

Aromatherapy Associates Ultimate Facial



55 minutes £75  

Everyone's skin requires something different and in this facial, that's what you get. Your therapist will select a personalised prescription of therapeutic essential oils and natural plant extracts to detoxify the skin and provide vital nourishment to its deepest layers. Incorporating soothing massage techniques this treatment tones, refreshes and revitalises, leaving the complexion instantly bright and radiant.

CARITA



The anti-ageing specialist based on cutting-edge, avant-garde technology, Carita demonstrates its difference and originality with its Global beauty concept – face, body and hair – in its products and treatments. CARITA today represents unostentatious “glamour”, marked by refinement, sophistication and simplicity, which is subtly found just as much in the substance and texture of the products as in the tailor-made service offered.

CARITA Prescription Facial

55 minutes £75  

A traditional hands-on facial that reflects your skin's needs. It begins with a consultation with your therapist, after which you will select from Hydration Nourishment, Purity or Softness. This treatment will provide everything your skin needs leaving it fresh, cleansed and radiant.

CARITA Ultra Relaxing Facial

55 minutes £75  

Nowhere are the effects of stress more visible than in tired eyes and tight skin around the face.

It starts with a re-energising welcome back touch, followed by cleansing and exfoliating the face before your therapist applies a mask rich in anti-ageing properties. To finish, your therapist will treat your skin with nourishing moisturiser to leave your skin feeling fresh and rested.

CARITA CINETIC™ LIFT EXPERT FACIAL TREATMENTS

The jewel in the CARITA crown – this alternative to cosmetic surgery is a pioneering firming treatment that has left beauty editors gasping at its impact. This facial provides dramatic and visible results after just one treatment with skin appearing “lifted and firmer” with a radiant complexion. Combining micro-currents, ultrasound and LED futuristic technology, tailored expert solutions allows each individual's skin concerns to be addressed and noticeably improved. This truly is sheer pleasure with stunning results.

Carita Diamant De Beauté Cinetic Face Lift **105 minutes £155 Course of 6 £745**

This exquisite, luxurious treatment uses unprecedented products which contain a fusion of plants and diamond to stimulate cell renewal and prolong the youth of the skin with a new lease of life. Intensely transformed, skin is deeply regenerated and visibly flawless and firmer with ultimate clarity and luminosity. A truly unforgettable experience.

CARITA Gold Perfection **Cinetic Sculpting Facial** **105 minutes £135 Course of 6 £650**

Characteristically CARITA, this blissful treatment combines innovative skincare with traditional wisdom. Facial tension is soothed away with a unique manual massage, improving skin firmness and stimulating collagen production Harnessing Duo Pearls™ technology within our luxurious professional mask, this treatment preserves the active TRIO OF GOLD COMPLEX and powerful anti-ageing ingredients up until the last minute to leave the complexion visibly firmer, even-toned and flawless with youthful radiance. Now you're ready to gain maximum results from CARITA's celebrated Cinetic-Lift technology. Fine lines and wrinkles are smoothed, whilst muscles are lifted and re-sculpted.

CARITA Instant Genesis of youth **'Non-surgical' Cinetic Face Lift** **1 hour 25 minutes £120 Course of 6 £576**

This award winning treatment is designed to rejuvenate and revitalize skin to fight signs of ageing. Using a blend of massage techniques combined with renowned anti-ageing products and the pioneering Cinetic technology, it ensures intensive revitalising results. Immediately the skin appears visibly firmer radiating and shimmering with youth.

CARITA Supreme Wrinkle Solution **'Non-surgical' Cinetic Face Lift** **1 hour 25 minutes £120 Course of 6 £580**

An alternative to cosmetic surgery or fillers, this comprehensive anti-wrinkle treatment offers a multi-dimensional approach to conquer all types of wrinkles. A smoothing mask alongside the Cinetic technology, helps wrinkles to appear plumped up, as if lifted. The skin is left luminous, radiant, visibly rejuvenated and glowing with health.

CARITA Ideal Solutions Cinetic Facial **1 hour 25 minutes £120 Course of 6 £580**

A powerful, and results driven facial tailored to the individual needs of your skin, and a great way to discover the world of CARITA. Choose from Lagoon Hydration to nourish and replenish the skin, Papaya Purity for combination to oily skin or Cotton Softness for those with sensitive skin who need a little more tender loving care. Perfect to reawaken the skin before a special occasion, or as part of your regular skin care regime.

CARITA Cinetic Booster Facial **55 minutes £80 Course of 6 £385**

This is a simple way to enhance the results of a CARITA Cinetic lifting treatment. It applies the same technology to re-awaken the lift and the radiance from the full treatment - re-defining the contours of the face.

CARITA Precious Diamond Cinetic Eye Lift **45 minutes £55 Course of 6 £270**

Quite simply, Cinetic Lift for the eyes. This stunning non-surgical lifting treatment has been created for the most sensitive and fragile part of the face - the eye area. This treatment dramatically smooths the appearance of fine lines and wrinkles, sculpting and lifting the eyebrows to leave the eye area revitalised and rejuvenated.